



Market insights

Detail and discussion of the key drivers of market moves together with our views on where things are likely to head from here.

Market review - Q3 2023

July to September 2023 saw relatively flat total returns in aggregate after the upbeat rallies of the previous quarter. Rising interest rates and weak Chinese economic data initially increased fears of declining global growth. However, the Chinese government's move to boost demand saw commodities prices rise so that related equities, including energy stocks, outperformed. Nonetheless, concerns about further monetary tightening from persistently high inflation and a resilient US economy weighed on equities throughout the period. The Federal Reserve (Fed) raised interest rates by 0.25% in July, taking the Fed funds rate to 5.50%. Meanwhile, the European Central Bank (ECB) also increased its main refinancing rate by 0.50% to 4.50% but signalled that it's likely finished with policy tightening despite still high inflation.

Asset Performance (in GBP) Q3 2023

IA UK All Companies	0.80%
IA £ High Yield	1.26%
IA Europe ex-UK	-1.97%
IA £ Corporate Bond	2.16%
IA Japan	1.69%
IA UK Gilt	-0.84%
IA Asia Pacific ex-Japan	-0.83%
IA UK Index Linked Gilt	-4.45%
IA North America	0.81%
IA Global Mixed Bond	-0.28%
IA Global Emerging Mkts	0.31%
IA Targeted Abs Return	0.91%
IA UK Direct Property	-0.33%
IA Property Other	-0.68%

Columbia Threadneedle Investments and Lipper. All information as at 30 September 2023.

Past performance should not be seen as an indication of future performance.

Our view



We're relatively cautious based on current macroeconomic fundamentals and valuations (which don't look particularly cheap). We are underweight US equities on valuation concerns but do think bottom-up opportunities exist in the UK. Japan also offers reasonable fundamentals and valuations. We are cautious on Asian,

emerging market and European equities. Within fixed income we remain comfortable with our stance and, in our view, are well positioned for an anticipated weakening of economic data and a move downwards for interest rates at some point.

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PAUL GREEN, INVESTMENT MANAGER, MULTI-MANAGER

Performance update - Q3 2023

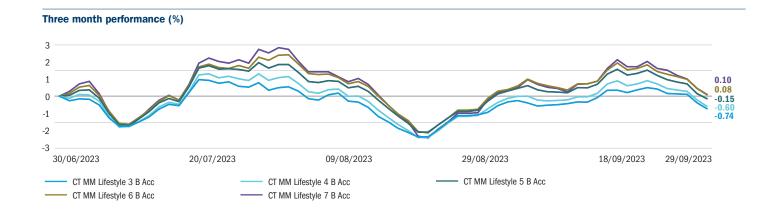
The CT MM Lifestyle range is a suite of actively managed multimanager funds. Here we show how the portfolios have performed over the last calendar quarter and longer term.

Key risks

Past performance should not be seen as an indication of future performance.

The value of your investments and any income from them can go down as well as up and you may not get back the original amount invested.

These funds invest principally in units in collective investment schemes. Please refer to the investment policy.



Volatility

	Lifestyle 3	Lifestyle 4	Lifestyle 5	Lifestyle 6	Lifestyle 7
Volatility boundaries % – DT* long-term estimates	4.2 - 6.3	6.3 - 8.4	8.4 - 10.5	10.5 - 12.6	12.6 - 14.7
Annualised volatility % – portfolio actual since launch	5.19	7.85	9.34	11.01	12.65

Discrete perfomance Percentage growth (%)

	2022/23	2021/22	2020/21	2019/20	2018/19
CT MM Lifestyle 3 B Acc	0.03	-11.74	8.07	-0.60	5.90
CT MM Lifestyle 4 B Acc	2.82	-11.88	13.48	-1.20	4.92
CT MM Lifestyle 5 B Acc	4.42	-10.37	18.09	-1.98	4.09
CT MM Lifestyle 6 B Acc	4.55	-9.98	21.14	-3.56	2.85
CT MM Lifestyle 7 B Acc	5.43	-10.42	25.24	-5.85	1.80

Fund perfomance (%)

3 months	6 months	1 year	3 year	5 year
-0.74	-2.92	0.03	-4.59	0.44
-0.60	-1.95	2.82	2.82	6.58
-0.15	-0.62	4.42	10.53	12.77
0.08	-0.14	4.55	14.01	13.09
0.10	-0.20	5.43	18.28	13.37

Source: Columbia Threadneedle Investments and Lipper, all figures net of fees in sterling on a mid-to-mid basis. *Distribution Technology

What has driven performance

In this section we take a closer look at what has driven portfolio performance over the quarter, assessing the contribution of our fund choices as well broader asset allocation decisions.

Asset allocation



A relative avoidance (underweight) of **European Equities** was positive during a tough quarter for the asset class.

Negative

A relative avoidance (underweight) of **US Equities** was negative in a positive quarter for the asset class.

Fund selection

Positive

TM Redwheel UK Equity Income (Lifestyle 3, 4, 5, 6 & 7) rose by 7.2%, outperforming the IA UK Equity Income sector average by 4.8%.

Man GLG Sterling Corporate Bond (Lifestyle 3, 4, 5, 6 & 7) had another good quarter, rising in value by 5.2% and outperforming the IA £ Corporate Bond sector average by 3%.

Fund selection was positive in Japan, the standout being **Eastspring Japan Dynamic** (Lifestyle 3, 4, 5, 6 & 7) which rose in value by 9% and outperformed the IA Japan sector average by 7.3%.

Negative

Darwin Leisure Property (Lifestyle 3, 4, 5, 6 & 7) had a valuation adjustment following a period of rising rates, falling in value by 24.1%.

Berenberg European Small Cap (Lifestyle 4, 5, 6 & 7) underperformed the broader IA Europe Ex UK sector average by 9%, falling in value by 11%.

Within UK Equities, **LF Lindsell Train UK Equity** (Lifestyle 3, 4, 5, 6 & 7) found the going tough, falling in value by 3.2% and underperforming the IA UK All Companies sector average by 4%.

These do not constitute investment advice or recommendations to buy or sell investments and you should not place undue reliance on such statements or returns, as actual returns and results could differ materially due to various risks and uncertainties.

Views and opinions have been arrived at by Columbia Threadneedle Investments and should not be considered to be a recommendation or solicitation to buy or sell any funds that may be mentioned.



Fund selection

▲ Additions

Lifestyle 5 & 6 – We increased our exposure to investment grade global bonds and introduced a position in **iShares Core Global Aggregate Bond UCITS ETF**, a position already held in Lifestyle 3 & 4.

₩ Disposals

Lifestyle 3, 4, 5, 6 & 7 – Following the resignation of the coportfolio manager, we sold our position in **TM Tellworth UK Select** from all portfolios.

Lifestyle 3, 4, 5, 6 & 7 – Following the change of the portfolio management team and fund strategy, we sold our position in **Mirabaud UK Equity High Alpha**, re-deploying the proceeds across existing UK equity holdings.

Lifestyle 3 – We reduced our Asian Equity exposure and sold the position of **Man GLG Asia (ex-Japan)** from this portfolio as a result.

Lifestyle 3, 4, 5 & 6 – Following a strong period of performance for the asset class, we sold the **Artemis Short-Dated Global High Yield Bond Fund**. This reflected yields in the high-yield space compressing and our view on the outlook for the economy becoming more cautious.

Lifestyle 6&7 – We sold the position in **Crux Asia ex-Japan** over the quarter as we became more cautious on the outlook for growth companies in Asia.

Lifestyle 7 — With increasing conviction that we may be heading for more challenging market conditions in the latter half of the year, we reduced our exposure to credit resulting in the sale of the $\bf Man~GLG~Sterling~Corporate~Bond~Fund~after~a~period~of~strong~performance.$

Asset allocation

Equity markets had a mixed quarter. Japanese, UK, and North American equities all posted positive gains, but this was dampened by weaker returns elsewhere.

During the quarter we saw further evidence of falling inflation in most developed markets. Major central banks are now pausing their hiking program from their September meetings, indicating we're close to, if not already at, the summit in rate hikes for this cycle.

Despite this, bond yields continued to move higher over the quarter. Investors began to accept the central bank narrative that they will be holding interest rates 'higher for longer', in part due to repeated central bank comments but supported by a resurgent oil price.

Our asset allocation movements were relatively muted over the quarter, although we added moderately to Japanese equities and, to a lesser extent, government bonds. These moves were financed by a mild reduction in our overweight cash position.

We are still of the view that the real economy has yet to feel the impact of central bank tightening and we expect economic data to weaken in the months ahead. A combination of weakening forward-looking indicators and the most restrictive monetary signals witnessed for decades keep us relatively cautious in our positioning, not least given the re-rating of equity markets over the past year.

The portfolios ended the quarter underweight property and equities against their strategic asset allocations. Offsetting this, the portfolios are overweight corporate & government bonds and absolute return funds.

Portfolio listings

Our aim is to offer investors access to highly diversified portfolios built with what we believe to be the best available funds.

CT MM Lifestyle 3 Fund

Portfolio breakdown	%
Equities	20.60
UK Equities	8.37
LF Lindsell Train UK Equity Fund	2.03
Premier Miton UK Value Opportunities Fund	1.54
Montanaro UK Income Fund	1.27
River and Mercantile UK Recovery Fund	1.26
TM Redwheel UK Equity Income L Inc	1.26
iShares Core FTSE 100 UCITS ETF	1.02
Japanese Equities	6.21
JK Japan Fund	2.14
LF Zennor Japan Equity Income Fund	2.06
Eastspring Investments - Japan Dynamic Fund	2.01
North America Equities	6.02
iShares Core S&P 500 UCITS ETF	2.27
Jupiter Global Equity Growth Unconstrained Fund	1.62
Pzena US Large Cap Value Fund	1.62
Spyglass US Growth Fund	0.51
Property	3.97
LXI REIT PLC	2.49
Darwin Leisure Property Fund	1.48
Commodities	1.46
iShares Physical Gold ETC	1.46
Fixed Income	53.64
UK Gilts	10.76
Lyxor Core FTSE Actuaries UK Gilts (DR) UCITS ETF	10.76
UK Index Linked Bonds	8.63
Allianz Index-Linked Gilt Fund	6.65
iShares \$TIPS UCITS ETF	1.98
UK Corporate Bonds	15.06
Janus Henderson Strategic Bond Fund	5.98
Man GLG Sterling Corporate Bond Fund	4.55
TwentyFour Corporate Bond Fund	4.53
International Bonds	19.18
iShares Core Global Aggregate Bond UCITS ETF	7.04
Allianz Strategic Bond GBP Fund	6.06
Allianz Strategic Bond USD Fund	3.59
iShares \$ Treasury Bond 1-3yr UCITS ETF	2.49
Absolute Return	3.33
Man GLG UK Absolute Value Fund	2.07
Iguana Investments Long/Short Equity Fund	1.26
Liquidity & Other	17.01
Liquidity & Other	17.01

CT MM Lifestyle 4 Fund

Portfolio breakdown	%
Equities	38.70
UK Equities	14.51
LF Lindsell Train UK Equity Fund	3.29
Premier Miton UK Value Opportunities Fund	2.85
TM Redwheel UK Equity Income L Inc	2.37
River and Mercantile UK Recovery Fund	2.30
Montanaro UK Income Fund	2.07
iShares Core FTSE 100 UCITS ETF	1.62
European Equities	2.63
Polar Capital European ex UK Income Fund	1.65
MI Chelverton European Select Fund	0.50
Berenberg European Small Cap Fund	0.48
Japanese Equities	6.48
LF Zennor Japan Equity Income Fund	2.54
Eastspring Investments - Japan Dynamic Fund	2.02
JK Japan Fund	1.92
North America Equities	11.03
iShares Core S&P 500 UCITS ETF	4.72
Pzena US Large Cap Value Fund	3.28
Jupiter Global Equity Growth Unconstrained Fund	2.28
Spyglass US Growth Fund	0.75
Asia Pacific Equities	4.05
Federated Hermes Asia-ex Japan Equity Fund	1.77
Fidelity Asia Pacific Opportunities Fund	1.27
Man GLG Asia (ex Japan) Equity Fund	1.01
Property	3.85
LXI REIT PLC	2.49
Darwin Leisure Property Fund	1.36
Fixed Income	41.71
UK Index Linked Bonds	8.44
Allianz Index-Linked Gilt Fund	6.47
iShares \$ TIPS UCITS ETF	1.96
UK Gilts	5.35
Lyxor Core FTSE Actuaries UK Gilts (DR) UCITS ETF	5.35
UK Corporate Bonds	14.57
Janus Henderson Strategic Bond Fund	5.50
Man GLG Sterling Corporate Bond Fund	5.03
TwentyFour Corporate Bond Fund	4.03
International Bonds	13.36
iShares Core Global Aggregate Bond UCITS ETF	5.28
Allianz Strategic Bond GBP Fund	3.54
Allianz Strategic Bond USD Fund	2.53
iShares \$ Treasury Bond 1-3yr UCITS ETF	2.02
Absolute Return	3.26
Man GLG UK Absolute Value Fund	2.09
Iguana Investments Long/Short Equity Fund	1.17
Commodities	1.55
iShares Physical Gold ETC	1.55
Liquidity & Other	10.93
Liquidity & Other	10.93

CT MM Lifestyle 5 Fund

Portfolio breakdown 57.09 **UK Equities** 22.27 LF Lindsell Train UK Equity Fund 4.78 Premier Miton UK Value Opportunities Fund 3.92 River and Mercantile UK Recovery Fund 3.62 TM Redwheel UK Equity Income L Inc 3.61 3.27 iShares Core FTSE 100 UCITS ETF 3.07 Montanaro UK Income Fund 2.58 **European Equities** Polar Capital European ex UK Income Fund 1.62 MI Chelverton European Select 0.50 Fund Berenberg European Small Cap Fund 0.47 Japanese Equities 6.26 LF Zennor Japan Equity Income Fund 2.31 Eastspring Investments - Japan Dynamic Fund 2.00 JK Japan Fund 1.94 **North America Equities** 17.90 iShares Core S&P 500 UCITS ETF 8.89 Pzena US Large Cap Value Fund 5.03 Jupiter Global Equity Growth Unconstrained Fund 2.98 Spyglass US Growth Fund 1.00 Asia Pacific Equities 4.01 Fidelity Asia Pacific Opportunities Fund 1.27 Federated Hermes Asia-ex Japan Equity Fund 1.22 Man GLG Asia (ex Japan) Equity Fund 1.01 T. Rowe Price China Evolution Equity Fund 0.51 **Emerging Markets Equities** 4.08 Schroder ISF Emerging Markets Value 1.56 iShares Emerging Markets Equity Index Fund 0.97 Bennbridge ICAV - Global Emerging Markets Equity 0.79 TT Emerging Markets Unconstrained Fund 0.77 **Property** 3.78 LXI REIT PLC 2.49 Darwin Leisure Property Fund 1.29 **Fixed Income** 25.18 **UK Index Linked Bonds** 4.27 Allianz Index-Linked Gilt Fund 3.27 iShares \$ TIPS UCITS ETF 1.00 **UK Gilts** 3.42 Lyxor Core FTSE Actuaries UK Gilts (DR) UCITS ETF 3.42 **UK Corporate Bonds** 8.00 Man GLG Sterling Corporate Bond Fund 3.52 Janus Henderson Strategic Bond Fund 2.48 TwentyFour Corporate Bond Fund 1.99 International Bonds 9.50 Ishares Core Global Aggregate Bond UCITS ETF 3.50 Allianz Strategic Bond GBP Fund 3.25 Allianz Strategic Bond USD Fund 2.75 **Absolute Return** 3.19 Man GLG UK Absolute Value Fund 2.08 Iguana Investments Long/Short Equity Fund 1.12 **Commodities** 1.54 iShares Physical Gold ETC 1.54 9.21 Liquidity & Other Liquidity & Other 9.21

CT MM Lifestyle 6 Fund

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Portfolio breakdown	%
Equities	70.43
UK Equities	22.59
LF Lindsell Train UK Equity Fund	4.75
Premier Miton UK Value Opportunities Fund	4.27 3.76
River and Mercantile UK Recovery Fund	3.76
TM Redwheel UK Equity Income L Inc iShares Core FTSE 100 UCITS ETF	3.75
Montanaro UK Income Fund	2.81
	2.56
European Equities Polar Capital European ex UK Income Fund	1.60
MI Chelverton European Select	0.49
Fund	0.43
Berenberg European Small Cap Fund	0.47
Japanese Equities	6.42
LF Zennor Japan Equity Income Fund	2.48
Eastspring Investments - Japan Dynamic Fund	2.01
JK Japan Fund	1.93
North America Equities	18.51
iShares Core S&P 500 UCITS ETF	8.99
Pzena US Large Cap Value Fund	5.02
Jupiter Global Equity Growth Unconstrained Fund	3.50
Spyglass US Growth Fund	1.01
Asia Pacific Equities	10.09
Federated Hermes Asia-ex Japan Equity Fund	3.83
Fidelity Asia Pacific Opportunities Fund	2.67
Man GLG Asia (ex Japan) Equity Fund	2.55
T. Rowe Price China Evolution Equity Fund	1.04
Emerging Markets Equities	10.25
Schroder ISF Emerging Markets Value	4.12
iShares Emerging Markets Equity Index Fund	2.78
TT Emerging Markets Unconstrained Fund	2.04
Bennbridge ICAV - Global Emerging Markets Equity Fund	1.30
Property	3.76
LXI REIT PLC	2.47
Darwin Leisure Property Fund	1.30
Fixed Income	14.94
UK Corporate Bonds	8.00
Man GLG Sterling Corporate Bond Fund	4.02
Janus Henderson Strategic Bond Fund	1.99
TwentyFour Corporate Bond Fund	1.99
International Bonds	6.94
Allianz Strategic Bond GBP Fund	2.58
Allianz Strategic Bond USD Fund	2.36
Ishares Core Global Aggregate Bond UCITS ETF	2.00
Absolute Return	3.19
Man GLG UK Absolute Value Fund	2.09
Iguana Investments Long/Short Equity Fund	1.10
Commodities	1.54
iShares Physical Gold ETC	1.54
Liquidity & Other	6.13

Liquidity & Other

CT MM Lifestyle 7 Fund

Portfolio breakdown	%
Equities	84.62
UK Equities	31.92
LF Lindsell Train UK Equity Fund	6.50
Premier Miton UK Value Opportunities Fund	5.66
River and Mercantile UK Recovery Fund	5.26
TM Redwheel UK Equity Income L Inc	5.24
iShares Core FTSE 100 UCITS ETF	4.94
Montanaro UK Income Fund	4.33
European Equities	3.59
Polar Capital European ex UK Income Fund	2.08
MI Chelverton European Select Fund	0.77
Berenberg European Small Cap Fund	0.74
Japanese Equities	7.46
LF Zennor Japan Equity Income Fund	2.76
JK Japan Fund	2.44
Eastspring Investments - Japan Dynamic Fund	2.26
North America Equities	19.98
iShares Core S&P 500 UCITS ETF	9.97
Pzena US Large Cap Value Fund	5.01
Jupiter Global Equity Growth Unconstrained Fund	4.01
Spyglass US Growth Fund	1.00
Asia Pacific Equities	10.05
Federated Hermes Asia-ex Japan Equity Fund	3.81
Fidelity Asia Pacific Opportunities Fund	2.65
Man GLG Asia (ex Japan) Equity Fund	2.54
T. Rowe Price China Evolution Equity Fund	1.06
Emerging Markets Equities	11.61
Schroder ISF Emerging Markets Value	4.49
TT Emerging Markets Unconstrained Fund	2.79
iShares Emerging Markets Equity Index Fund	2.73
Bennbridge ICAV - Global Emerging Markets Equity Fund	1.59
Property	3.87
LXI REIT PLC	2.55
Darwin Leisure Property Fund	1.32
Commodities	1.52
iShares Physical Gold ETC	1.52
Fixed Income	4.83
Global High Yield Bonds	2.14
Artemis Funds (Lux) - Short-Dated Global High Yield Bond	2.14
International Bonds	2.68
Allianz Strategic Bond USD Fund	2.68
Absolute Return	3.17
Man GLG UK Absolute Value Fund	2.05
Iguana Investments Long/Short Equity Fund	1.12
Liquidity & Other	1.99
Liquidity & Other	1.99

Source: Columbia Threadneedle Investments.
All information as at 30 September 2023.

Understanding risk and getting the right balance

Before investing it's important to think about financial goals and circumstances. These factors will help determine the choices that are made. Here we discuss the CT MM Lifestyle Range and the risks associated with making an investment.

Making money work harder usually means taking greater risk with capital. Our CT MM Lifestyle Funds offer a range of options so investors can choose the balance of risk and potential reward that's right for them.

How does this work? Each of the portfolios invests across a range of asset classes – the type and proportions in each tailored with a view to delivering defined investment outcomes. In the case of the CT MM Lifestyle Funds, that means target volatility bands (volatility is a commonly used measure of risk).

For those comfortable with higher levels of risk, a growth portfolio with higher equity exposure may be appropriate. Why? Because equities can offer scope for higher returns, but that potential comes with greater risk of loss.

More cautiously minded investors meanwhile, can select a portfolio with a higher allocation to fixed income assets. The likes

of government and high-quality corporate bonds tend to be less volatile in their performance than equities.

Adviser and individual work together to decide which of the Lifestyle funds is the right option, usually by discussing financial aims, circumstances and the likely timeframe as well as completing a questionnaire to accurately assess attitude to risk.

Things to remember when considering investing

The value of investments and any income derived from them can go down as well as up as a result of market movements. You may not get back the original amount invested.

These funds invest principally in units in collective investment schemes. Please refer to the investment policy of each fund.

Expertise in numbers

1996

established in 1996; pioneers in multi-manager investing ever since

24+

years working together; a stability that's rare in this industry

9

strong team

200+

years' combined investment experience







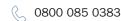






Want to know more?

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